

Glengarry Skating Club Fall25 & Winter26 Schedule (as of 04 January 2026) v5

Monday, September 22, 2025 – Thursday, March 12, 2026

No Sessions - Winter Break; Friday, December 19, 2025 - Sunday, January 4, 2026

Minimum Weekly Session & Level Requirements (non-Academy skaters in Grade 12 may skate one day less than the required minimums):

PreCanSkate	Rising Stars & Star1	C - Session	B - Session	A - Session	Dance/Skills/Spins	Teen & Adult Skate	Teen & Adult PowerSkate
- ages 3&4	- 5-12 years old - Must have completed	- skaters in Grade6 & under - Must be competing Star2-5	- skaters in Grade7 & above - Must be competing Star2 +	- Academy skaters only - Must be competing Star6 + - Must commit to: SS SummerSkate SS Autumn Leaves SS Sectionals Championships OK Interclub Competition Winter Wonderland OK Regional Championships SS StarSkate Final Ogopogo (assistant) Ice Parade - minimum 2 CanSkate PA per week	- skaters in A or B sessions only - registered for separately	- ages 13+ - ages 13+ - full gear required - not a Learn-to-Skate program	
CanSkate	Stage4 of CanSkate and/or be invited to join	Star2-4; 3 sessions minimum Star5+; 4 sessions minimum	Star2-4; 3 sessions minimum Star5+; 4 sessions minimum				

* at the discretion of the Head Coach skaters may be moved to a different session to maintain balance

	Canskate & PreCanskate	Rising Stars & Star1	C - Session	B - Session	A - Session (Academy)	Dance/Skills/Spins	Teen & Adult Skate	Teen & Adult PowerSkate
Monday (A)	No session	No session	No session	No session	6:45-7:00am Grp Warmup 7:00-7:45am Freeskate 7:45-8:00am Grp Clinic No class Oct6, Nov10, Dec1, Feb9, Mar9	No session	No session	No session
Monday (B)	4:50-5:20pm Flood: 2:00-2:15pm 3:15-3:30pm 4:30-4:45pm	PreCanskate CanSkate	5:30-5:40pm Grp Warmup 5:40-6:15pm Grp Clinic 6:15-6:25pm Skates off 6:25-6:40pm Grp Dryland (6&1)	3:30-3:40pm Grp Warmup 3:40-4:20pm Grp Freeskate 4:20-4:30pm Grp Clinic 4:40-5:05pm Grp Dryland	2:15-2:25pm Grp Warmup 2:25-3:05pm Freeskate 3:05-3:15pm Grp Clinic 3:30-4:00pm Grp Dryland	* 2nd session 2:15-2:25pm Grp Warmup 2:25-3:05pm Freeskate 3:05-3:15pm Grp Clinic 3:30-4:00pm Grp Dryland	No session	No session
Tuesday	5:05-5:35pm Flood: 2:00-2:15pm 3:30-3:45pm 4:45-5:00pm 7:30-7:45pm	PreCanskate CanSkate	5:20-5:35pm Grp Dryland (6&1) 5:35-5:45pm Skates on 5:45-5:55pm Grp Warmup 5:55-6:30pm Grp Clinic	3:45-3:55pm Grp Warmup 3:55-4:35pm Grp Freeskate 4:35-4:45pm Grp Clinic 4:55-5:20pm Grp Dryland	5:45-6:15pm Grp Dryland 6:30-6:40pm Grp Warmup 6:40-7:20pm Freeskate 7:20-7:30pm Grp Clinic	1:45-2:05pm Grp DL Warmup 2:15-2:20pm Warmup 2:20-3:05pm Freeskate 3:05-3:20pm Grp Clinic 3:20-3:30pm Grp Stroking 3:45-4:30pm Grp Dryland	7:45-8:30pm Teen&Adult	No session
Wednesday (A)	No session	No session	No session	7:00-7:10am Grp Warmup 7:10-7:50am Freeskate 7:50-8:00am Grp Clinic	* 2nd session 7:00-7:10am Grp Warmup 7:10-7:50am Freeskate 7:50-8:00am Grp Clinic	6:25-6:30am Warmup 6:30-7:00am D/S/S	No session	No session
Wednesday (B)	No session			No session	1:45-2:05pm Grp DL Warmup 2:15-2:20pm Warmup 2:20-3:05pm Freeskate 3:05-3:15pm Grp Stroking 3:30-4:15pm Grp Dryland	No session	No session	
Thursday	5:05-5:35pm Flood: 2:00-2:15pm 3:30-3:45pm 4:45-5:00pm 7:30-7:45pm	PreCanskate CanSkate	5:20-5:35pm Grp Dryland (6&1) 5:35-5:45pm Skates on 5:45-5:55pm Grp Warmup 5:55-6:30pm Grp Clinic	3:30-3:40pm Grp Warmup 3:40-4:20pm Grp Freeskate 4:20-4:30pm Grp Clinic 4:40-5:05pm Grp Dryland	5:45-6:15pm Grp Dryland 6:30-6:40pm Grp Warmup 6:40-7:20pm Freeskate 7:20-7:30pm Grp Clinic	1:45-2:05pm Grp DL Warmup 2:15-2:20pm Warmup 2:20-3:05pm Freeskate 3:05-3:20pm Grp Clinic 3:20-3:30pm Grp Stroking 3:45-4:30pm Grp Dryland	No session	7:45-8:30pm Teen&Adult
Friday	No session	No session	No session	* Jr Academy (invite only session) 4:15-4:25pm Grp Warmup 4:25-5:05pm Grp Freeskate 5:05-5:15pm Grp Clinic Comp Sims; Sep26, Nov21, Jan30, Feb27	* Jr Academy (invite only session) 4:15-4:25pm Grp Warmup 4:25-5:05pm Grp Freeskate 5:05-5:15pm Grp Clinic Comp Sims; Sep26, Nov21, Jan30, Feb27	2:00-2:20pm Grp DL Warmup 2:15-2:35pm Warmup 2:35-3:20pm Freeskate 3:20-3:40pm Grp Edge	3:40-3:45pm Warmup 3:45-4:15pm D/S/S	No session
Saturday	10:35-11:05am Flood: 9:15-9:30am 10:15-10:30am 12:15-12:30pm	PreCanskate CanSkate	No session	11:15-11:25am Grp Warmup 11:25-12:05pm Freeskate 12:05-12:15pm Grp Clinic Comp Sims; Sep27, Nov22, Jan31, Feb28	11:15-11:25am Grp Warmup 11:25-12:05pm Freeskate 12:05-12:15pm Grp Clinic Comp Sims; Sep27, Nov22, Jan31, Feb28	No session 12:30-1:45pm Comp Sims	9:30-10:15am Teen&Adult	No session

No Fall 2025 sessions:

Tue, Sep 30 (National Day for Truth & Reconciliation)
Thu, Oct 2 (away at competition - SS Autumn Leaves - Chilliwack)
Fri, Oct 3 (away at competition - SS Autumn Leaves - Chilliwack)
Sat, Oct 4 (away at competition - SS Autumn Leaves - Chilliwack)
Mon, Oct 13 (Thanksgiving)
Fri, Oct 31 (Halloween)
Tue, Nov 11 (Remembrance Day)
Fri, Nov 28 (away at competition - OK Interclub - Merritt)
Sat, Nov 29 (away at competition - OK Interclub - Merritt)
Fri, Dec 19 (Star6+ Assessments - Penticton)
Sat, Dec 20 (Winter Wonderland & Family Skate - Penticton)

No Winter 2026 sessions:

Fri, Feb 6 (away at competition - OK Regional Championship - Summerland)
Sat, Feb 7 (away at competition - OK Regional Championship - Summerland)
Mon, Feb 16 (Family Day)
Thu, Mar 5 (away at competition - SS StarSkate Final - Kelowna)
Fri, Mar 6 (away at competition - SS StarSkate Final - Kelowna)
Sat, Mar 7 (away at competition - SS StarSkate Final - Kelowna)
Fri, Mar 13 (Star6+ Assessments - Penticton)
Sat, Mar 14 (away at competition - Ogopogo - Penticton)

Additional Competitions of Note:

Nov 6-9, 2025 - SS Sectionals - Richmond
Feb 26-Mar 1, 2025 - BC Winter Games - Rossland
* - these competitions do not affect our regular scheduled ice times

Competition Simulations

Academy		
12:30-1:45pm	All Saturdays with sessions	
Jr Academy		
4:15-5:15pm	Fri, Sep 26 Fri, Nov 21 Fri, Jan 30 Fri, Feb 27	SS Autumn Leaves Okanagan Interclub Okanagan Regional Championship SS StarSkate Final & Adult
Star2+		
11:15am-12:15pm	Sat, Sep 27 Sat, Nov 22 Sat, Jan 31 Sat, Feb 28	SS Autumn Leaves Okanagan Interclub Okanagan Regional Championship SS StarSkate Final & Adult