

Glengarry Skating Club Fall25 & Winter26 Schedule (as of 04 January 2026) v5  
Monday, September 22, 2025 – Thursday, March 12, 2026  
No Sessions - Winter Break; Friday, December 19, 2025 - Sunday, January 4, 2026

Minimum Weekly Session & Level Requirements (non-Academy skaters in Grade 12 may skate one day less than the required minimums);

<b>PreCanSkate</b> - ages 3&4  <b>CanSkate</b> - ages 5-12	<b>Rising Stars &amp; Star1</b> - 5-12 years old - Must have completed Stage1 of CanSkate and/or be invited to join	<b>C- Session</b> - skaters in Grade6 & under - Must be competing Star2-5 or have passed the Star1 Freeskate & Star1 Skills assessments - Star2-4; 3 sessions minimum - Star5+; 4 sessions minimum	<b>B- Session</b> - skaters in Grade7 & above - Must be competing Star2 + or have passed the Star1 Freeskate & Star1 Skills assessment - Star2-4; 3 sessions minimum - Star5+; 4 sessions minimum - minimum 1 CanSkate PA per week	<b>A- Session</b> - Academy skaters only - Must be competing Star6 + - Must commit to: SS SummerSkate SS Autumn Leaves SS Sectionals Championships OK Interclub Competition Winter Wonderland OK Regional Championships SS StarSkate Final Ogopogo (assistant) Ice Parade - minimum 2 CanSkate PA per week	<b>Dance/Skills/Spins</b> - skaters in A or B sessions only - registered for separately	<b>Teen &amp; Adult Skate</b> - ages 13+	<b>Teen &amp; Adult PowerSkate</b> - ages 13+ - full gear required - not a Learn-to-Skate program
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\* at the discretion of the Head Coach skaters may be moved to a different session to maintain balance

	CanSkate & PreCanSkate		Rising Stars & Star1		C- Session		B- Session		A- Session (Academy)		Dance/Skills/Spins	Teen & Adult Skate	Teen & Adult PowerSkate
<b>Monday (A)</b> Flood: 6:30-6:45am	No session		No session		No session		No session		6:45-7:00am Grp Warmup 7:00-7:45am Freeskate 7:45-8:00am Grp Clinic <b>No class Oct6, Nov10, Dec1, Feb9, Mar9</b>		No session	No session	No session
<b>Monday (B)</b> Flood: 2:00-2:15pm 3:15-3:30pm 4:30-4:45pm	4:50-5:20pm 4:50-5:30pm	PreCanSkate CanSkate	5:30-5:40pm 5:40-6:15pm 6:15-6:25pm 6:25-6:40pm	Grp Warmup Grp Clinic Skates off Grp Dryland (6&1)	3:30-3:40pm 3:40-4:20pm 4:20-4:30pm 4:40-5:05pm	Grp Warmup Grp Freeskate Grp Clinic Grp Dryland	2:15-2:25pm 2:25-3:05pm 3:05-3:15pm 3:30-4:00pm	Grp Warmup Freeskate Grp Clinic Grp Dryland	* 2nd session 2:15-2:25pm 2:25-3:05pm 3:05-3:15pm 3:30-4:00pm	Grp Warmup Freeskate Grp Clinic Grp Dryland	No session	No session	No session
<b>Tuesday</b> Flood: 2:00-2:15pm 3:30-3:45pm 4:45-5:00pm 7:30-7:45pm	5:05-5:35pm 5:05-5:45pm	PreCanSkate CanSkate	5:20-5:35pm 5:35-5:45pm 5:45-5:55pm 5:55-6:30pm	Grp Dryland (6&1) Skates on Grp Warmup Grp Clinic	3:45-3:55pm 3:55-4:35pm 4:35-4:45pm 4:55-5:20pm	Grp Warmup Grp Freeskate Grp Clinic Grp Dryland	5:45-6:15pm 6:30-6:40pm 6:40-7:20pm 7:20-7:30pm	Grp Dryland Grp Warmup Freeskate Grp Clinic	1:45-2:05pm 2:15-2:20pm 2:20-3:05pm 3:05-3:20pm 3:20-3:30pm 3:45-4:30pm	Grp DL Warmup Warmup Freeskate Grp Clinic Grp Strokng Grp Dryland	No session	7:45-8:30pm Teen&Adult	No session
<b>Wednesday (A)</b> Flood: 6:10-6:25am	No session		No session		No session		7:00-7:10am Grp Warmup 7:10-7:50am Freeskate 7:50-8:00am Grp Clinic		* 2nd session 7:00-7:10am Grp Warmup 7:10-7:50am Freeskate 7:50-8:00am Grp Clinic		6:25-6:30am Warmup 6:30-7:00am D/S/S	No session	No session
<b>Wednesday (B)</b> Flood: 2:00-2:15pm 3:15-3:30pm	No session		4:30-4:40pm 4:40-5:15pm 5:15-5:25pm 5:25-5:40pm	Grp Warmup Grp Clinic Skates off Grp Dryland (6&1)	3:30-3:40pm 3:40-4:20pm 4:20-4:30pm 4:40-5:05pm	Grp Warmup Grp Freeskate Grp Clinic Grp Dryland	No session		1:45-2:05pm 2:15-2:20pm 2:20-3:05pm 3:05-3:15pm 3:30-4:15pm	Grp DL Warmup Warmup Freeskate Grp Strokng Grp Dryland	No session	No session	No session
<b>Thursday</b> Flood: 2:00-2:15pm 3:30-3:45pm 4:45-5:00pm 7:30-7:45pm	5:05-5:35pm 5:05-5:45pm	PreCanSkate CanSkate	5:20-5:35pm 5:35-5:45pm 5:45-5:55pm 5:55-6:30pm	Grp Dryland (6&1) Skates on Grp Warmup Grp Clinic	3:45-3:55pm 3:55-4:35pm 4:35-4:45pm 4:55-5:20pm	Grp Warmup Grp Freeskate Grp Clinic Grp Dryland	5:45-6:15pm 6:30-6:40pm 6:40-7:20pm 7:20-7:30pm	Grp Dryland Grp Warmup Freeskate Grp Clinic	1:45-2:05pm 2:15-2:20pm 2:20-3:05pm 3:05-3:20pm 3:20-3:30pm 3:45-4:30pm	Grp DL Warmup Warmup Freeskate Grp Clinic Grp Strokng Grp Dryland	No session	No session	7:45-8:30pm Teen&Adult
<b>Friday</b> Flood: 2:15-2:30pm	No session		No session		* Jr Academy (invite only session) 4:15-4:25pm Grp Warmup 4:25-5:05pm Grp Freeskate 5:05-5:15pm Grp Clinic <b>Comp Sims; Sep26, Nov21, Jan30, Feb27</b>		* Jr Academy (invite only session) 4:15-4:25pm Grp Warmup 4:25-5:05pm Grp Freeskate 5:05-5:15pm Grp Clinic <b>Comp Sims; Sep26, Nov21, Jan30, Feb27</b>		2:00-2:20pm Grp DL Warmup 2:30-2:35pm Grp Warmup 2:35-3:20pm Freeskate 3:20-3:40pm Grp Edge		3:40-3:45pm Warmup 3:45-4:15pm D/S/S	No session	No session
<b>Saturday</b> Flood: 9:15-9:30am 10:15-10:30am 12:15-12:30pm	10:35-11:05am 10:35-11:15am	PreCanSkate CanSkate	No session		11:15-11:25am Grp Warmup 11:25-12:05pm Freeskate 12:05-12:15pm Grp Clinic <b>Comp Sims; Sep27, Nov22, Jan31, Feb28</b>	Grp Warmup Freeskate Grp Clinic	11:15-11:25am Grp Warmup 11:25-12:05pm Freeskate 12:05-12:15pm Grp Clinic <b>Comp Sims; Sep27, Nov22, Jan31, Feb28</b>	No session 12:30-1:45pm Comp Sims	No session		9:30-10:15am Teen&Adult	No session	No session

No Fall 2025 sessions:

Tue, Sep 30 (National Day for Truth & Reconciliation)  
Thu, Oct 2 (away at competition - SS Autumn Leaves - Chilliwack)  
Fri, Oct 3 (away at competition - SS Autumn Leaves - Chilliwack)  
Sat, Oct 4 (away at competition - SS Autumn Leaves - Chilliwack)  
Mon, Oct 13 (Thanksgiving)  
Fri, Oct 31 (Halloween)  
Tue, Nov 11 (Remembrance Day)  
Fri, Nov 28 (away at competition - OK Interclub - Merritt)  
Sat, Nov 29 (away at competition - OK Interclub - Merritt)  
Fri, Dec 19 (Star6+ Assessments - Penticton)  
Sat, Dec 20 (Winter Wonderland & Family Skate - Penticton)

No Winter 2026 sessions:

Fri, Feb 6 (away at competition - OK Regional Championship - Summerland)  
Sat, Feb 7 (away at competition - OK Regional Championship - Summerland)  
Mon, Feb 16 (Family Day)  
Thu, Mar 5 (away at competition - SS StarSkate Final - Kelowna)  
Fri, Mar 6 (away at competition - SS StarSkate Final - Kelowna)  
Sat, Mar 7 (away at competition - SS StarSkate Final - Kelowna)  
Fri, Mar 13 (Star6+ Assessments - Penticton)  
Sat, Mar 14 (away at competition - Ogopogo - Penticton)

Additional Competitions of Note:

Nov 6-9, 2025 - SS Sectionals - Richmond  
Feb 26-Mar 1, 2025 - BC Winter Games - Rossland  
\* - these competitions do not affect our regular scheduled ice times

Competition Simulations

<b>Academy</b> 12:30-1:45pm	All Saturdays with sessions	
<b>Jr Academy</b> 4:15-5:15pm	Fri, Sep 26 Fri, Nov 21 Fri, Jan 30 Fri, Feb 27	SS Autumn Leaves Okanagan Interclub Okanagan Regional Championship SS StarSkate Final & Adult
<b>Star2+</b> 11:15am-12:15pm	Sat, Sep 27 Sat, Nov 22 Sat, Jan 31 Sat, Feb 28	SS Autumn Leaves Okanagan Interclub Okanagan Regional Championship SS StarSkate Final & Adult